

# CONTACT US

## LOCATION

Adult and Family Medicine Clinic is located in North Hawaii Community Hospital  
67-1125 Mamalahoa Hwy.  
Kamuela, HI 96743

## HOURS

Monday through Friday, 8:00 a.m. to 5:00 p.m.



## CONTACT INFORMATION

For more information or to make an appointment, please call ...

### During Hours

808-881-4745 Phone  
808-881-4785 Fax

### After Hours

For non-emergencies, please leave a message. For emergencies please contact our Emergency Department directly at 881-4730.

## NHCH Service Areas

Adult and Family Medicine  
Cardio-Pulmonary Services  
Case Management  
Clinical Laboratory Services  
Community Education/Wellness  
Diabetes Wellness Center  
Critical Care Services  
Emergency Services  
Family Birthing Services  
Holistic Care Services  
Imaging Services (Radiology)  
Infection Control  
Cleveland Clinic Radiologist  
Kohala Home Health Care  
Medical Services - Adult/Pediatric  
Native Hawaiian Health  
Oncology  
Orthopedic Services  
Rehabilitation Services  
Sleep Disorder Center  
Social Work Services  
Surgical Services  
Trauma  
Waimea Women's Center

For more information on any of these service areas, contact:

North Hawaii Community Hospital  
67-1125 Mamalahoa Highway  
Kamuela, HI 96743

808.885.4444 | [www.NHCH.com](http://www.NHCH.com)



**NORTH HAWAII**  
COMMUNITY HOSPITAL



## ADULT AND FAMILY MEDICINE

881-4745

## OUR MISSION

to improve the health status of the people of North Hawaii by improving access to care and providing high quality services at a reasonable cost.

## OUR VISION

to treat the whole individual - body, mind, and spirit - through a team approach to patient-centered care, and ultimately to become the most healing hospital in the world.

## OUR VALUES

as 'Ohana, we value an environment of Aloha which nurtures trust, respect, self-expression without fear, open minds and hearts and continuous improvement.

### ADULT AND FAMILY MEDICINE CLINIC

The Adult and Family Medicine Clinic (AFMC) proudly offers primary care physician services. Your primary care physician is your personal health advocate and helps you manage your health care. Not only do we specialize in diagnosing and managing a wide range of health issues, we also help keep you informed about health prevention and wellness.

AFMC offers the following services:

- Primary Care (ages 13 and up)
- General health issues
- Injuries
- Routine checkups or physicals
- Arranging referrals to specialists
- Counseling
  - Patient Education
  - Psychosocial Support
  - Behavioral Change Promotion and Maintenance
  - Marriage and Family Therapy
- Preventive Medicine and Education
- Women's Health
- Family Planning
- Sports and Work Physicals

Establishing a long-term relationship with your primary care physician gives your doctor the opportunity to become familiar with your medical history, which can be invaluable during a health crisis. If you already have a primary care physician in the mainland, we are happy to work with them to coordinate your ongoing care, when necessary.

### OUR MISSION

The Adult and Family Medicine Clinic's mission is in harmony with North Hawaii Community Hospital's mission: "to improve the health status of North Hawai'i by improving access to care and providing appropriate high-quality services at a reasonable cost."

### OUR MEDICAL DIRECTOR



Malcolm MacDonald, M.D., has an extensive background in multi-cultural family health care. Since receiving his doctorate from the University of California-San Diego in 1987, Dr. MacDonald has served eight years as Medical Director and Chief of Staff for three

robust community health clinics in Northern California. Most recently, he was the founding Medical Director and the Director of Program Planning for another group of coordinated care programs, the Rolling Hills Clinics in Red Bluff, CA.

After graduation from medical school, Dr. MacDonald completed his residency training with the Department of Family Practice and Community Health at the University of Minnesota, in St. Paul. He was subsequently a scholar in the Physician Executive Program for Health Systems Management at the Harvard University School of Public Health, 1991-1992. He returned to the University of Minnesota, as Assistant Medical Director of the Family Practice Training Program from 1992 to 1996, and Dr. MacDonald reprised those dual roles from 1997 to 2000 when he was a physician and assistant professor with the University of California-Davis Medical Group's Family Practice Program.

During his tenure in clinical training, Dr. MacDonald won recognition as an outstanding clinical teacher at the University of Minnesota School of Medicine, 1993-1994; helped earn a multi-million dollar Robert Wood Johnson Grant Award for Physician-Initiated Access to Medical Care in 1995-1996; and was honored with the University of Minnesota Teacher of the Year award in 1996.

Dr. MacDonald is a fellow in the American Academy of Family Physicians and is a diplomate of the American Board of Family Medicine. He has been an active member and has served in numerous leadership roles, for a variety of national, state, and local medical associations.

An avid outdoors man, Dr. MacDonald is married to Kari DuFour, and they recently relocated from their hometown of Chico, California to the Big Island of Hawaii.

### ACCEPTED INSURANCE

AFMC accepts all major insurances, including Medicare and Medicaid.

If you have any questions, please contact us directly.